

# Jr. High Girls Track



2019

**Cascade High School**  
**7th Grade Girls School Track Records as of May 2019**

<b>Shot</b>	Abbie Ruggeberg	28' 6"	2013
<b>Discus</b>	Kim Gavin	74' 4"	1997
<b>High Jump</b>	Rachel Trumm	4' 7"	2014
<b>Long Jump</b>	Grace Rhomberg	14' 10 3/4"	2018
<b>4x800 Relay</b>	Morgan Butler, Brianna Hostert, Molly Vonderhaar, Mariah Kauder	11:10.54	2008
<b>Shuttle Hurdle Relay (10 Flight)</b>	Rachel Recker, Ellie Loes Noelle Green, Celine Rickels	01:19.57	2012
<b>100 Meter Dash</b>	Celine Rickels	13.11	2012
<b>1600 Meter Medley Relay (Distance)</b>	Jody Mantemach, Jessica Recker, Helen Hughes, Alison Althoff	4:51.90	1995
<b>400 Meter Dash</b>	Kay Tucker	1:04.60	1989
<b>4x200 Meter Relay</b>	Alison Althoff, Jodi Takes, Helen Hughes, Jessica Recker	2:04.10	1995
<b>1500 Meter Run</b>	Becca McDermott	5:25.80	2012
<b>100 Meter Hurdles</b>	Celine Rickels	17.41	2012
<b>200 Meter Dash</b>	Kay Tucker	28.1	1989
<b>800 Meter Medley Relay (Sprint)</b>	Abbey Meyer, Mariah McCabe, Maggie Ryan, Holly Hunt	2:09.10	2009
<b>200 Meter Hurdles</b>	Celine Rickels	31.00	2012
<b>800 Meter Run</b>	Megan Wagner	2:40	1988
<b>4x100 Meter Relay</b>	Molly McElmeel, Jordan Simon Abby Welter, Sophie Callahan	57.06	2015
<b>4x400 Meter Relay</b>	Annie Meyer, Lisa Tucker Ellie Loes, Becca McDermott	4:40.90	2012

**Cascade High School  
8th Grade Girls School Track Records  
as of May 2019**

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<b>Shot</b>	Abbie Ruggeberg	31' 1"	2014
<b>Discus</b>	Andrea Stoffel	88' 4"	1998
<b>High Jump</b>	Lydia Knapp	5' 0"	1980
<b>Long Jump</b>	Abbey Meyer	15' 2 1/2"	2010
<b>4x800 Relay</b>	Macie Weber, Rachel McDermott Kylie Kelchen, Molly Droeszler	10:50.34	2012
<b>Shuttle Hurdle Relay (100 Meter)</b>	Ellie Loes, Rachel Recker Noelle Green, Celine Rickels	1:14.22	2013
<b>100 Meter Dash</b>	Celine Rickels	13.22	2013
<b>1600 Meter Medley Relay (Distance)</b>	Jody Manternach, Jessie Recker, Helen Hughes, Alison Althoff	4:45.40	1996
<b>400 Meter Dash</b>	Rachel Trumm	1:03.90	2015
<b>4x200 Meter Relay</b>	Tessa Helmle, Nicole Fischer, Bridget Melloy, Allison Gibbs	1:59.37	2009
<b>1500 Meter Run</b>	Rebecca McDermott	5:09.97	2013
<b>100 Meter Hurdles</b>	<b>Devin Simon</b>	<b>16.60</b>	<b>2019</b>
<b>200 Meter Dash</b>	Celine Rickels	27.87	2013
<b>800 Meter Medley Relay (Sprint)</b>	Molly McElmeel, Sophie Callahan Jess Hoffman, Abby Welter	2:05.32	2016
<b>200 Meter Hurdles</b>	Chanda Goedken	30.97	2005
<b>800 Meter Run</b>	Alison Althoff	2:34.00	1996
<b>4x100 Meter Relay</b>	Elizabeth Gibbs, Skylar Pachtinger Harley Bradtke-Stelken, Ally Hoffman	56.08	2018
<b>4x400 Meter Relay</b>	Holly Hunt, Lydia Smith Laura Tucker, Abbey Meyer	4:29.37	2010

# West Delaware Meet 7th Grade

9-Apr-19

Bus Leaves at 2:35

## Field Events Start at 4:00

<b>High Jump</b>	Grace M - 3'10" (4th)	Leah - 3'10" (4th)	Ava - 3'8"
<b>Long Jump</b>	Evelyn - 10'7"	Ellie G - 11'1"	Claudia - 12'1"
<b>Shot</b>	Maggie - 18'4"	Brianna - 19'8"	Madi S. - 20'6.5"
<b>Disc</b>	Zuleika - 53'3" (2nd)	Maggie - 36'1"	Abby - 46'5"

## Running Events Start at 4:15

### 4 X 800

<b>Shuttle Hurdle</b>	Leah - 22.02	Anna M. - 21.44	Natalie - 20.32	Claudia - 20.57	<b>1:24.66 (2nd)</b>
<b>100 Meter Dash</b>	Mia - 19.21	Madi S - 19.51			
<b>1600 Meter Medley (D-Med)</b>	Ellie G - 32.18	Anna M - 35.90	Perla - 1:20	Claudia - 3:06	<b>5:34.02 (6th)</b>
<b>400 Meter Dash</b>	Natalie - 1:20	Josey - 1:25			
<b>4 x 200 (B Team)</b>	Skylar - 36.9	Abby - 41.6	Mia - 49.86	Zuleika - 34.8	<b>02:43.4</b>
<b>4 X 200 (A Team)</b>	Brianna - 41.01	Maggie - 36.55	Grace M. - 40.01	Evelyn - 33.01	<b>2:30.98 (6th)</b>
<b>1500 Meter Run (3)</b>					
<b>100 Meter Hurdles</b>	Leah - 22.05 (6th)				
<b>200 Meter Dash</b>	Natalie - 33.19	Josey - 36.01			
<b>800 Meter Relay (Sprint Med B T)</b>	Maggie - 20.76	Madi S. - 16.13	Zuleika- 45.23	Skylar - 1:19.85	<b>02:41.9</b>
<b>800 Meter Relay (Sprint Med A T)</b>	Ellie G - 16.32	Brianna - 17.39	Perla - 34.98	Ava - 1:21	<b>2:30.29 (6th)</b>
<b>200 Meter Hurdles</b>	Leah - 40.90				
<b>800 Meter Run (3)</b>					
<b>4 X 100 (A Team)</b>	Brianna - 18.4	Anna M. - 16.4	Ava - 17	Ellie G - 15.7	<b>01:07.8</b>
<b>4 X 100 (B Team)</b>	Skylar - 17.6	Abby - 20.99	Grace M. - 16.58	Mia - 17.24	<b>01:12.8</b>
<b>4 X 400</b>	Evelyn - 1:24	Josey - 1:24	Perla - 1:23	Claudia - 1:16	<b>5:28.6 (4th)</b>

Overall 5th Place

# West Delaware Meet 8th Grade

9-Apr-19

Bus Leaves at 2:35

## Field Events Start at 4:00

<b>High Jump</b>	Corinne - 4'4"	Lacie - 4'00"		
<b>Long Jump</b>	Grace R. - 14' (4th)	Laura - 13'	Taryn - 12'5"	
<b>Shot</b>	Jazmine - 22'	Ellie N - 19'11"		
<b>Disc</b>	Jazmine - 61'4"	Ella M - 54'11"	Anna S - 40'7"	

## Running Events Start at 4:15

<b>4 X 800</b>	Ayda - 2:53	Lacie - 3:03	Alyssa - 3:03	Grace - 2:50	<b>11:49 (2nd)</b>
<b>Shuttle Hurdle</b>	Brooklyn - 20.14	Brianna - 19.12	Olivia - 20.26	Carli - 22	<b>1:23.04 (1st)</b>
<b>100 Meter Dash</b>	Jazmine - 16.62	Ellie N. - 17.8			
<b>1600 Meter Medley (D-Med)</b>	Brianna - 29.84	Laura - 30.35	Grace B - 1:18	Taryn - 3:09.54	<b>5:28.48 (5th)</b>
<b>400 Meter Dash</b>	Ella M - 1:25	Anna C - 1:20			
<b>4 x 200 (B Team)</b>	Corinne - 35.8	Olivia - 33	Lauren - 36	Morgan B - 28.6	<b>2:15</b>
<b>4 X 200 (A Team)</b>	Addison	Margo	Lily K	Shelby	<b>DNF</b>
<b>1500 Meter Run</b>	Lilly T. - 6:16 (5th)	Grace B. - 6:53			
<b>100 Meter Hurdles</b>	Devin - 16.79 (1st)	Lily K - 21.45			
<b>200 Meter Dash</b>	Laura - 31.88	Lauren - 35.58			
<b>800 Meter Relay ((Sprint Med B )</b>	Olivia - 15.5	Margo - 15.25	Anna C. - 34.95	Taryn - 1:20.75	<b>02:27.1</b>
<b>800 Meter Relay ((Sprint Med A)</b>	Corinne - 35.8	Addison - 15.91	Carli - 30.52	Grace R. - 1:09.6	<b>2:14.5 (2nd)</b>
<b>200 Meter Hurdles</b>	Devin - 31.66 (1st)	Ayda - 36.9			
<b>800 Meter Run</b>	Lilly T - 3:06	Brooklyn - 3:23	Alyssa - 3:02 (2nd)		
<b>4 X 100 (B Team)</b>	Ella M - 16.31	Morgan - 16.65	Anna S. - 17.61	Jazmine - 16.51	<b>01:07.4</b>
<b>4 X 100 (A Team)</b>	Margo - 16.35	Shelby - 15.78	Lauren - 16.38	Addison - 15.58	<b>01:04.2</b>
<b>4 X 400</b>	Brianna - 1:11	Carli - 1:16	Grace R. - 1:09	Devin - 1:08	<b>4:47 (1st)</b>
<b>Overall Place - 5th</b>					

**Bellevue 4/16/2019 7th Grade***Out at 2:20/Bus leaves at 2:30***Field Events (Girls start at 4:00)**

<b>Shot Put</b>	Abby - 16'10"	Mia - 16'7.5"	Madi S. - 20'11" (6th)	Maggie - 18'9"
<b>Discus</b>	Madi S. - 45'8.5"	Abby - 50'10"	Zuleika - 53'7" (3rd)	Brianna - 34'6"
<b>High Jump</b>	Grace M. - 4'2" (3rd)	Leah - 3'10"		
<b>Long Jump</b>	Ellie G. - 11'1"	Evelyn - 10'7.5"		

**Running Events (Start tentatively at 5:00)**

<b>4 x 800</b>	Josey - 3:21	Grace M. - 3:43	Kelsey - 3:32	Perla - 3:09	<b>13:45 (2nd)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Anna M. - 21.26	Leah - 19.62	Ava - 23.18	Natalie - 21.13	<b>1:25 (1st)</b>
<b>100m Dash</b>	Ellie G. - 15.56 (2nd)	Mia - 18.23			
<b>1600m Medley (Distance Me)</b>	Skylar - 15.56	Ava - 18.23	Brianna - 1:33	Evelyn - 3:24	<b>6:08 (4th)</b>
<b>400m Dash</b>					
<b>4 X 200</b>	Anna M. - 33.95	Grace M. - 37.62	Skylar - 34.27	Zuleika - 41.50	<b>2:26 (5th)</b>
<b>4 X 200</b>	Mia - 41.16	Maggie - 40.12	Madi 43.74	Brianna - 42.12	
<b>1500m Run</b>	Natalie - 6:39 (5th)				
<b>100 Meter Hurdles</b>	Leah - 21.48 (4th)	Anna M. - 20.49 (2nd)			
<b>200m Dash</b>	Ellie G. 32.85 (3rd)	Zuleika - 40.18			
<b>800m Medley (Sprint Med)</b>	Skylar - 16.45	Brianna C. - 18.12	Kelsey - 36.7	Perla - 1:21	<b>2:35 (5th)</b>
<b>200m Hurdles</b>	Natalie - 37.43 (3rd)				
<b>800m Run</b>					
<b>4 X 100</b>	Mia - 18.78	Maggie - 18.13	Leah - 16.4	Zuleika - 23.8	<b>DQ 01:16.5</b>
<b>4 X 100</b>	Madi S. 20.4	Grace M. - 16.8	Abby - 20.2	Evelyn - 18.7	
<b>4 X 400</b>	Ellie G - 1:18	Ava - 1:24	Josey - 1:27	Perla - 1:25	<b>5:36 (2nd)</b>

**2nd Place Overall**

**Bellevue Meet 4/16/2019 8th Grade**  
*Out at 2:20/Bus leaves at 2:30*

**Field Events (Girls start at 4:00)**

<b>Shot Put</b>	Ellie - 17'4"	Jazmine - 20'2"	Anna S. - 39'7.5"	Ellie - 38'11"
<b>Discus</b>	Ella M. - 61'.5" (4th)	Jazmine - 55'10"		
<b>High Jump</b>	Corinne - 4'6" (2nd)	Anna S. - 3'8"	Lacie - 4'4" (3rd)	
<b>Long Jump</b>	Morgan B. - 9'11"	Taryn - 12'2.5" (6th)	Grace R. - 13'8" (3rd)	

**Running Events (Start tentatively at 5:00)**

<b>4 x 800</b>	Taryn - 3:18	Lacie - 3:11	Alyssa - 2:59	Grace R. - 2:45	<b>12:15.13 (1st)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Brooklyn - 20.22	Carli - 21.48	Olivia - 20.24	Brianna - 19.51	<b>1:21.36 (2nd)</b>
<b>100m Dash</b>	Shelby - 15.52 (6th)	Ellie N. - 17.25			
<b>1600m Medley (Distance Med)</b>	Margo - 32.7	Brianna - 29.8	Grace R. - 1:08	Ayda - 2:53	<b>5:05.21 (1st)</b>
<b>400m Dash</b>	Devin - 1:08.88 (1st)	Anna C. - 1:19 (6th)			
<b>4 X 200</b>	Addison - 33.83	Carli - 32.01	Lauren - 34.36	Morgan B. - 35.51	<b>2:15.43 (4th)</b>
<b>4 X 200</b>	Lily K - 34.63	Corinne - 32.88	Anna - 41.01	Ella M. - 34.8	<b>02:23.3</b>
<b>1500m Run</b>	Grace B. - 6:27.3 (3rd)	Lily T - 6:05.93 (1st)			
<b>100 Meter Hurdles</b>	Devin - 16.6 (1st)	Lily K. - 20.95 (5th)			
<b>200m Dash</b>	Shelby - 32.12 (4th)	Anna S. - 39.15			
<b>800m Medley (Sprint Med)</b>	Margo - 15.58	Addison - 16	Olivia - 34	Alyssa - 1:14	<b>2:19.7 (4th)</b>
<b>200m Hurdles</b>	Devin - 31.03 (1st)	Brooklyn - 37.6 (6th)			
<b>800m Run</b>	Ayda - 3:01.3 (3rd)	Grace R - 2:49.31 (1st)	Taryn - 3:18		
<b>4 X 100</b>	Margo - 15.11	Olivia - 16.4	Lauren - 15.4	Addison - 15.4	<b>1:02.6 (3rd)</b>
<b>4 X 100</b>	Anna C. - 16.51	Jazmine - 15.7	Corinne - 15.7	Morgan 15.8	<b>1:04</b>
<b>4 X 400</b>	Brianna - 1:11	Lacie - 1:18	Grace B. - 1:16	Brooklyn - 1:24	<b>5:16.97 (2nd)</b>

**1st Place Overall**

## Cascade 4/15/2019 7th Grade

Get dressed after school and meet up at the track

### Field Events (Girls start at 4:15)

<b>Shot Put</b>	Brianna C. - 19'6.25"	Mia - 17'5"	Madi S. - 22'3.75" (6th)
<b>Discus</b>	Maggie - 41'4"	Abby - 49'8"	Zuleika - 54'5" (3rd)
<b>High Jump</b>	Grace M. - 3'10" (4th)	Leah - 3'8"	
<b>Long Jump</b>	Ellie G. - 11'1"	Evelyn - 11'2"	

### Running Events (Start at 5:00)

#### 4 x 800

**Shuttle Hurdle Relay (10 fl)** Anna M. - 20.32 Leah - 21.94 Ava - 20.62 Natalie - 21.07 **1:22.98 (1st)**

**100m Dash** Ellie G. - 16.68 (3rd) Mia - 19.00

**1600m Medley (Distance Med)** Perla - 34.27 Ava - 33.99 Josey - 1:23 Evelyn - 3:18 **5:50 15 (5th)**

**400m Dash** Kelsey - 1:29

**4 X 200** Anna M. - 34.9 Grace M. - 36.5 Skyler - 33.66 Brianna - 39.04 **2:24 (6th)**

**1500m Run** Natalie - 6:31 (4th)

**100 Meter Hurdles** Leah - 21.32 (4th) Anna M. - 21.31 (3rd)

**200m Dash** Ellie G. - 34.55 (3rd) Madi S. - 43.62

**800m Medley (Sprint Med)** Josey - 16.94 Brianna C. - 18.76 Kelsey - 36 Ava - 1:24 **2:37**

**800m Medley (Sprint Med)** Mia - 19.83 Zuleika - 17.42 Skylar - 33.72 Evelyn - 1:28 **02:34.4**

**200m Hurdles** Natalie - 38.10 (4th)

**800m Run** Perla - 3:09 (4th) Josey - 3:18

**4 X 100** Mia - 19.44 Skyler - 16.59 Kelsey - 18.3 Brianna C. - 17.67 **1:07**

**4 X 100** Madi S. - 19.94 Maggie - 17.81 Abby - 21.27 Zuleika - 18.32 **1:12**

**4 X 400** Ellie G - 1:23 Evelyn - 1:26 Leah - 1:29 Perla - 1:24 **5:47 (5th)**

#### 3rd Place Overall



## Cascade Meet 4/15/2019 8th Grade

Get dressed after school and meet up at track

### Field Events (Girls start at 4:15)

<b>Shot Put</b>	Ellie - 19'7.75"	Jazmine - 24'4.25"		
<b>Discus</b>	Ella M. - 52'10"	Jazmine - 47'2"	Anna S. - 41'00"	
<b>High Jump</b>	Corinne - 4'3" (5th)	Anna S.		
<b>Long Jump</b>	Morgan B. - 9'10.5"	Taryn - 12'1"	Grace R. - 14'8.5" (1st)	

### Running Events (Start at 5:00)

<b>4 x 800</b>	Taryn - 3:16	Ayda - 2:52	Alyssa - 3:00	Grace R. - 2:54	<b>12:03 (1st)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Brooklyn - 21	Carli - 18.5	Olivia - 19.5	Brianna - 19	<b>1:18.72 (1st)</b>
<b>100m Dash</b>	Margo - 16.01	Ellie N. - 17.32			
<b>1600m Medley (Distance Med)</b>	Brianna - 29.81	Addison - 33.06	Ayda - 1:16	Brooklyn - 3:14	<b>5:34.81 (6th)</b>
<b>400m Dash</b>	Ella M. - 1:22	Lacie - 1:19 (5th)			
<b>4 X 200</b>	Shelby - 33.15	Corinne - 35.16	Lauren - 34.9	Anna C. - 34.88	<b>2:18.16 (5th)</b>
<b>1500m Run</b>	Grace B. - 6:41 (5th)	Lily T - 6:11 (2nd)			
<b>100 Meter Hurdles</b>	Devin - 17.11 (1st)	Lily K. - 21.05			
<b>200m Dash</b>	Shelby - 32.91 (4th)	Anna S. - 39.11			
<b>800m Medley (Sprint Med)</b>	Margo - 15.45	Olivia - 15.83	Addison - 35.41	Alyssa - 1:16	<b>2:23.73 (4th)</b>
<b>800m Medley (Sprint Med)</b>	Lily K. - 17.78	Morgan B. - 15.55	Lauren - 33.67	Anna C. - 1:21	<b>02:28.8</b>
<b>200m Hurdles</b>	Devin - 31.94 (1st)	Brooklyn - 39.45			
<b>800m Run</b>	Ayda - 3:03 (4th)	Taryn - 3:14			
<b>4 X 100</b>	Olivia - 16.14	Lily K. - 16.51	Lauren - 15.43	Addison - 17.43	<b>1:05.28 (6th)</b>
<b>4 X 100</b>	Anna C. - 17.71	Jazmine - 16.70	Corinne - 17.35	Morgan - 16.9	<b>01:08.7</b>
<b>4 X 400</b>	Brianna - 1:12	Carli - 1:20	Grace R. - 1:11	Devin - 1:10	<b>4:55.25 (1st)</b>

**2nd Place Overall**

# Independence Meet 4/25/2019 7th Grade

Out at 2:20/Bus leaves at 2:30

## Field Events (Girls start at 5:15)

<b>Shot Put</b>	Abby - 17'1"	Maggie - 17'11"	Madi S. - 20'4"	Mia - 16'5"
<b>Discus</b>	Madi S. - 52'7"	Abby - 45'10"	Zuleika - 46'6"	Brianna 35'6"
<b>High Jump</b>	Grace M. - 3'6"	Leah - 3'10"		
<b>Long Jump</b>	Ellie G. - 11'2 1/4"	Evelyn - 10'5 1/4"		

## Running Events (Start at 4:15)

<b>4 x 800</b>	Ava - 3:09	Kelsey - 3:25	Evelyn - 3:22	Perla - 3:13	<b>13:10.29 (2nd)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Anna M. - 22.58	Leah - 21.2	Ava - 23.75	Natalie - 19.81	<b>1:27.4 (3rd)</b>
<b>100m Dash</b>	Ellie G. - 16.58	Mia - 19.33	Madi S. - 20.36		
<b>1600m Medley (Distance Med)</b>	Abby W. - 45.41	Brianna - 38.91	Leah - 1:33	Josey - 3:32	<b>06:36.9</b>
<b>400m Dash</b>	Kelsey - 1:27.13				
<b>4 X 200</b>	Anna M. - 35.15	Grace M. - 35.74	Brianna C. - 40.61	Maggie - 39.76	<b>02:32.1</b>
<b>1500m Run</b>	Natalie - 6:33.32				
<b>100 Meter Hurdles</b>	Leah - 21.65	Anna M. - 21.78			
<b>200m Dash</b>	Ellie G. - 33.86	Zuleika - 42.66	Abby - 47.02		
<b>800m Medley (Sprint Med)</b>	Mia - 18.69	Brianna C. - 20.78	Kelsey - 35.62	Evelyn - 1:26	<b>02:42.3</b>
<b>200m Hurdles</b>	Natalie - 37.72				
<b>800m Run</b>	Perla - 3:10	Josey - 3:32.57			
<b>4 X 100</b>	Mia - 18.37	Maggie - 19.39	Zuleika - 20.38	Grace M. - 16.30	<b>01:14.6</b>
<b>4 X 400</b>	Ellie G - 1:18	Ava - 1:20	Evelyn - 1:25	Perla - 1:23	<b>05:30.9</b>

**7th Place Overall**

# Independence Meet 4/25/2019 8th Grade

Out at 2:20/Bus leaves at 2:30

## Field Events (Girls start at 4:15)

<b>Shot Put</b>	Ellie - 19'6"	Jazmine - 21'1"	
<b>Discus</b>	Ella M. - 50'9"	Jazmine - 49'4"	Anna S. - 34'
<b>High Jump</b>	Corinne - 4'2"	Anna S.	Lacie - 3'10"
<b>Long Jump</b>	Morgan B. - 6'11 1/4"	Taryn	Grace R. - 13' 10 3/4" (4th)

## Running Events (Start at 5:15)

<b>4 x 800</b>	Taryn - 3:17	Lacie - 3:05	Lilly T. - 3:07	Grace R. - 3:02	<b>12:33.25 (2nd)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Carli - 21.14	Brooklyn - 19.67	Olivia - 20.16	Brianna - 20.56	<b>1:21.56 (2nd)</b>
<b>100m Dash</b>	Shelby - 16.68	Ellie N. - 18.31	Morgan B. - 17.37		
<b>1600m Medley (Distance Med)</b>	Margo - 33.4	Brianna - 30.88	Grace R. - 1:08	Ayda - 2:56	<b>5:09 (5th)</b>
<b>400m Dash</b>	Devin - 1:07.75 (3rd)	Anna C. - 1:20.98			
<b>4 X 200</b>	Addison - 33.12	Carli - 33.34	Corinne - 35.17	Ella M. - 35.15	<b>02:17.0</b>
<b>4 X 200</b>	Lily K. - 34.51	Brooklyn - 35.43	Jazmine - 34.56	Lauren - 34.89	<b>02:19.5</b>
<b>1500m Run</b>	Lilly T. - 6:32				
<b>100 Meter Hurdles</b>	Devin - 17.26 (1st)	Lily K. - 21.42			
<b>200m Dash</b>	Shelby - 33.44	Anna S. - 40.49	Lauren - 36.25		
<b>800m Medley (Sprint Med)</b>	Margo - 15.94	Addison - 17.06	Olivia - 32.71	Alyssa - 1:14	<b>2:20.27 (5th)</b>
<b>200m Hurdles</b>	Devin -31.39 (1st)	Carli - 35.18 (5th)			
<b>800m Run</b>	Ayda- 3:03 (5th)	Grace R - 2:54 (2nd)	Taryn - 3:21		
<b>4 X 100</b>	Margo - 16.21	Corinne - 16.98	Lauren - 17.15	Addison - 15.26	<b>01:05.8</b>
<b>4 X 100</b>	Anna C. - 17.27	Jazmine - 16.19	Olivia - 16.29	Morgan - 15.81	<b>01:05.8</b>
<b>4 X 400</b>	Brianna - 1:12	Lacie - 1:15	Alyssa - 1:17	Ayda - 1:18	<b>5:00.66 (4th)</b>

4th Place Overall

## Conference at North Cedar 5/7/2019 7th Grade

Out at 2:20/Bus leaves at 2:30

### Field Events (Girls start at 4:15)

<b>Shot Put</b>	Madi S. - 21'7.65" (3rd)	Brianna C. - 19'10.25" (6th)
<b>Discus</b>	Zuleika - 54' (6th)	Abby - 50'
<b>High Jump</b>	Grace M. - 3'6"	Leah - 4'2" (4th)
<b>Long Jump</b>	Ellie G. - 10'4"	Evelyn - 10'2"

### Running Events (Start at 5:15)

<b>4 x 800</b>	Kelsey - 3:20	Evelyn - 3:21	Claudia - 3:02	Perla - 3:06	<b>12:50.87 (2nd)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Ava - 22.21	Leah - 22.35	Anna - 20.07	Natalie - 19.76	<b>1:24.89 (2nd)</b>
<b>100m Dash</b>	Ellie - 15.85 (4th)	Maggie - 18.94			
<b>1600m Medley (Distance Med)</b>	Grace - 36.56	Skylar - 36.06	Josey - 1:25	Ava - 3:18	<b>5:56.78 (4th)</b>
<b>400m Dash</b>	Kelsey - 1:28.5	Evelyn - 1:26.5			
<b>4 X 200</b>	Brianna C. - 45	Skylar - 39.12	Maggie - 44.99	Josey - 36.2	<b>2:39.88 (6th)</b>
<b>1500m Run</b>	Natalie - 6:29.7 (2nd)				
<b>100 Meter Hurdles</b>	Leah - 21.47 (6th)	Anna M. - 19.97 (2nd)			
<b>200m Dash</b>	Ellie G. - 33.03 (3rd)	Mia - 45.41			
<b>800m Medley (Sprint Med)</b>	Grace - 18.78	Skylar - 16.3	Kelsey - 41.32	Ava - 1:21	<b>2:37.56 (6th)</b>
<b>200m Hurdles</b>	Anna - 38.12 (6th)	Claudia - 35.94 (2nd)			
<b>800m Run</b>	Perla - 3:18.45 (5th)	Josey - 3:32.45			
<b>4 X 100</b>	Brianna - 20.57	Mia - 16.77	Zuleika - 19.86	Madi S. - 19.31	<b>1:16 (6th)</b>
<b>4 X 400</b>	Ellie G. - 1:14	Claudia - 1:14	Perla - 1:29	Natalie - 1:24	<b>5:29.68 (2nd)</b>

Third Place Overall - 80.5 points

## Conference Meet at North Cedar 5/7/2019 8th Grade

Out at 2:20/Bus leaves at 2:30

### Field Events (Girls start at 4:15)

<b>Shot Put</b>	Jazmine - 19'9.75"	Ellie N. - 20'10.25" (4th)
<b>Discus</b>	Ella M. - 54'10"	Jazmine - 64'7" (4th)
<b>High Jump</b>	Corinne - 4'4" (6th)	Lacie - 4'4"
<b>Long Jump</b>	Grace R. - 13'2.5" (2nd)	Taryn - 10'9.5"

### Running Events (Start at 5:15)

<b>4 x 800</b>	Lacie - 2:58	Lilly - 3:03	Alyssa - 3:08	Grace R. - 2:49	<b>12:00.53 (3rd)</b>
<b>Shuttle Hurdle Relay (10 fl)</b>	Brooklyn - 19.56	Carli - 20.47	Olivia - 18.85	Brianna K. - 19.34	<b>1:18.21 (1st)</b>
<b>100m Dash</b>	Shelby - 15.75 (6th)	Lauren - 16.41			
<b>1600m Medley (Distance Med)</b>	Margo - 35.06	Addison - 31.27	Grace B. - 1:15	Ayda - 2:52	<b>5:14 (3rd)</b>
<b>400m Dash</b>	Devin - 1:07.7 (1st)	Anna S. - 1:32			
<b>4 X 200</b>	Corinne - 36.6	Lauren - 34.1	Morgan - 35.63	Anna C. - 34.37	<b>2:20 (5th)</b>
<b>1500m Run</b>	Lilly T. - 6:26	Grace B. - 6:28			
<b>100 Meter Hurdles</b>	Devin - 16.65 (1st)	Lily K. - 21			
<b>200m Dash</b>	Shelby - 32.38 (6th)	Anna C. - 35.09			
<b>800m Medley (Sprint Med)</b>	Olivia - 15.68	Addison - 15.26	Brianna - 30.82	Alyssa - 1:16	<b>2:18.47 (4th)</b>
<b>200m Hurdles</b>	Devin - 31.38 (1st)	Brooklyn - 36.97 (6th)			
<b>800m Run</b>	Grace R. - 2:45.44 (1st)	Taryn - 3:16.8			
<b>4 X 100</b>	Margo - 16.78	Addison - 14.81	Carli - 15.34	Shelby - 16.01	<b>1:03.13 (5th)</b>
<b>4 X 400</b>	Brianna - 1:12	Ayda - 1:18	Alyssa - 1:18	Grace R. - 1:09	<b>4:49.68 (1st)</b>

Second Place Overall 100 points